



2018 Workplace Wellness Healthy Community Grant Application

- All dollars funded must be spent in their entirety and receipts scanned to the above e-mail by September 28, 2018.
- Prior to expenditure, you will need to work with Crow Wing Energized staff or Workplace Wellness Goal Group members in determining your strategy, and ensuring it does indeed fit in SHIP grant allowable expenses; *with priority given to healthy eating, active living, tobacco reduction, breastfeeding promotion and support for mental fitness.*
- CWE will assist you in completing a CDC scorecard assessment in order for you to establish a baseline for your wellness efforts, and showcase the effectiveness of your wellness related efforts!
- If you have questions, please contact CWE Manager Cassie Carey at Cassie.Carey@CrowWingEnergized.org or call at 218-828-7443.
- Please return this signed and completed application to Cassie Carey at Cassie.Carey@CrowWingEnergized.org.
- **Deadline: August 22, 2018**

Grantee Information	
Organization:	
Mailing Address:	
Wellness Champion Point Person:	
Accountable wellness committee or team members and their e-mail address:	
Phone Number:	
E-mail Address:	
Amount requested (\$ 50.00 – \$500.00)	
Have you used past grant dollars to create a sustainable program/project? If so, how; and do you feel it was successful? Explain why.	
Scope of extended wellness strategy?	
Specific goal or goals associated with strategy and timeline of your project?	
Are there any other community partners that will be needed for your strategy to be successful if so, who?	



Multiple Stakeholders involved, and \$ amount of in kind donations of time/finances for the project?	
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We will work with Cassie Carey and Kalsey Stults from Crow Wing Energized to complete the CDC Scorecard to learn about our needs and to help promote health and wellness within our workplace and our community.

Receive up to \$250.00 – \$500.00 funding for completing the CDC Scorecard, identifying at least one “Wellness Strategy” to implement (work alongside Cassie Carey & Kalsey Stults Kalsey.Stults@essentiahealth.org to ensure funding aligns properly), and agree to do a report out in regard to your project to the workplace wellness goal group.

The workplace wellness goal group meets on the first Thursday of each month from 7:30 am – 9:00 am. Please choose which one of the following Workplace Wellness meetings you would like to share your efforts:

9.6.2018 MN DOT (Baxter) **10.4.2018** The City of Pequot Lakes (Pequot)

11.1.2018 Clow Stamping (Merrifield)

Signature (electronic signature is acceptable) _____ **DATE:** _____

Print Name (Point Person): _____

Title: _____

The following are members of our wellness team in which should be part of all communications for these efforts!

Name/title _____ **e-mail** _____

Name/title _____ **e-mail** _____

Name/title _____ **e-mail** _____

Signature: 

DATE: 8.1.2018

**Cassie Carey
Crow Wing Energized Manager**