

The Aging Coalition

The Aging Coalition is currently comprised of 25 people representing 16 home and community-based organizations that provide services to people 65 and better residing in Crow Wing County. The core group meets the second Wednesday of each month from 1:00 – 2:30 pm at the Land Services Building, 322 Laurel Street, Brainerd.

Purpose: To develop and promote health and wellness options for the aging population in Crow Wing County.

Desired Outcomes: 1) Provide education on available services, programs and events in Crow Wing County to professionals and citizens. 2) Promote collaborations with the following professionals and audiences:

- Health Systems in CWC
- Community at large
- Aging population/residents
- Government-State, County, Local
- Faith-based organizations
- Service Clubs
- Businesses in CWC
- The Center

Activities: Be the driving force that explores and implements strategies that address the social, mental, physical, emotional and spiritual needs of the aging population, their caregivers and families. Our list of immediate issues is below but is subject to change as the needs of the aging population changes.

- Fall Awareness And Prevention
- Advanced Care Planning (Health Care Directives)
- Healthy Eating
- Care Transitions
- Exercise
- Active Lifestyle/Socialization
- Companionship/Respite
- Caregiver Resources

Ad Hoc Committees: Ad Hoc Committees are identified and formed according to the activities listed as priority issues. The first meeting of each committee is January 14 from 2:00 – 3:00pm at the Land Services Building, 322 Laurel Street, Brainerd. *Subsequent meetings will be scheduled by the committee.*

Current Ad hoc committees: Falls Awareness and Prevention, Advanced Planning (Health Care Directives), and Active Lifestyles.

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