

Falls Task Group Meeting Minutes

January 13, 2016

1:00 – 2:00 pm

Time	Topic	Presenter	Action Items/Notes
1:00	Welcome and sign in Introductions	Kathy Gilbride, Central MN Council on Aging	Billie Linstad, Clarrissa Gildart, Mary Smith, Sarah Speer, Cassie Carey, Norma Hudson, Gina Heyer, Kathy Gilbride
1:05	Matter of Balance (MOB) Workshops and Leader Training <i>Task: Develop a 2016 spring schedule</i> Need to share schedule/flyers at Summit Cost Share/workshop fees Leader list	Updates from Leaders on upcoming workshops	The group created a strategic plan that included the following components: <ul style="list-style-type: none">• Process• Standard workshop fees based on participants sharing costs through volunteer donations based on income• Spring schedule
1:30	Upcoming Events Crow Wing Energized Summit Friday January 29, 2016 Lakewood Evangelical Free Church, Baxter <i>Task: Plan a 30-minute breakout session on Falls Prevention</i>	Group Discussion	Cassie reviewed the presentation requirements with the group.
2:55	Tasks to report on at next meeting	Kathy	Spring schedule

Next Meeting information: Wednesday, February 10, 2016
Land Services Building, Meeting Room 1 Lower Level
2:00 – 3:00

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Open to individuals or organizations interested in falls awareness and prevention for Crow Wing County residents