



2018 Workplace Wellness Strategy Support Funding Application

- All dollars funded must be spent in their entirety and receipts scanned to the above e-mail by September 29, 2018.
- Prior to expenditure you will need to work with Crow Wing Energized staff or Workplace Wellness Goal Group members in determining your strategy, and ensuring it does indeed fit in SHIP grant allowable expenses.
- CWE will assist you in completing a CDC scorecard assessment in order for you to establish a baseline for your wellness efforts, and showcase the effectiveness of your wellness related efforts!
- If you have questions, please contact CWE Coordinator Cassie Carey at Cassie.Carey@CrowWingEnergized.org or call at 218-821-6975.
- Please return this signed and completed application to Cassie Carey at Cassie.Carey@CrowWingEnergized.org.

Grantee Information	
Organization:	
Mailing Address:	
Wellness Champion Point Person:	
Accountable wellness committee or team members and their e-mail address:	
Phone Number:	
E-mail Address:	
Amount requested (\$ 50.00 – \$500.00)	
Have you used past grant dollars to create a sustainable program/project? If so, how?	
Scope of extended wellness strategy?	
Specific goal or goals associated with strategy?	
What are the next steps associated with your strategy?	
What other community partners will need to be engaged for your strategy to be successful?	
Multiple Stakeholders involved, and \$ amount of in kind donations of time/finances for the sustained project?	



We will work with Cassie Carey or other support staff from Crow Wing Energized to complete the CDC Scorecard to learn about our needs and to help promote health and wellness within our workplace and our community.

Receive up to \$500 funding for completing the CDC Scorecard, identifying at least one "Wellness Strategy" to implement (work alongside Cassie Carey & Crow Wing Energized grant coaches to ensure funding aligns properly), and agreeing to do a report out in regard to your project to the workplace wellness goal group.

The workplace wellness goal group meets on the first Thursday of each month from 7:30 am – 9:00 am. Please choose which one of the following Workplace Wellness meetings you would like to share your efforts:

- 4.5.2018** Crow Wing Power (Brainerd) **5.3.2018** CLC (Brainerd) **6.7.2018** Essentia Health SJMC (Brainerd)
- 8.2.2018** Graphic Packaging (Crosby) **9.6.2018** MN DOT (Baxter) **10.4.2018** The City of Pequot Lakes (Pequot)

Signature: _____

DATE: _____

Print Name (Point Person): _____

Title: _____

The following are members of our wellness team in which should be part of all communications for these efforts!

Name/title _____

e-mail _____

Name/title _____

e-mail _____

Name/title _____

e-mail _____

Signature: *Cassie Carey*

DATE: 1.31.2018

Cassie Carey
Crow Wing Energized Coordinator