

SENIOR FOOD RESOURCES

- **LSS Senior Nutrition** 1-800-488-4146

- **NAPS** 218-326-4420 x22
Nutrition Assistance Program for Seniors
Call for application and hours
Distribution Sites:
 - Brainerd
 - Baxter
 - Crosby
 - Emily
 - Pequot Lakes

SENIOR MEAL DELIVERY

- Brainerd - 218-824-6026
- Crosby Area - 218-546-5943
- Crosslake - 218-692-4271
- Pequot Lakes - 218-568-4909

SENIOR DINING

- **Lakes Area Senior Center** 218-824-6026
803 Kingwood Street, Brainerd

- **Crosby Senior Nutrition** 218-546-5943
Dellwood Apartments
300 3rd Ave NE, Crosby

- **Community Center** 218-692-4271
14126 Daggett Pine Rd, Crosslake

- **Sibley Terrace Apts.** 218-568-4909
31203 North Oak Street, Pequot Lakes

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-Ed)

University of Minnesota Extension's SNAP-Ed program makes the healthy choice the easy choice for Minnesotans with limited financial resources.

Free education in the following areas:

1. Healthy Eating
2. Menu Planning
3. Food Budgeting
4. Food Preparation/Cooking Skills
5. Food Safety

For more information call:

Carolyn McQueen
SNAP-Ed Educator, Health & Nutrition
University of Minnesota Extension
Northeast Region
326 Laurel Street - Suite 11
Brainerd, MN 56401
218-824-1349
cmcqueen@umn.edu

© 2017 Regents of the University of Minnesota. All rights reserved. University of Minnesota Extension is an equal opportunity educator and employer. In accordance with the Americans with Disabilities Act, this publication/material is available in alternative formats upon request. Direct requests to 612-624-0772 or afnr@umn.edu. ♻️ Printed on recycled and recyclable paper with at least 10 percent postconsumer waste material.

Food Resources in Crow Wing County



Brainerd
Pequot Lakes
Nisswa
Crosslake
Emily
Crosby / Ironton
Garrison

UNIVERSITY OF MINNESOTA
EXTENSION

FOOD ASSISTANCE PROGRAMS

- **Crosslake Food Shelf** 218-692-1004
34212 CR 3, Crosslake, MN
1st & 3rd Friday 9am-Noon
- **Cuyuna Range Food Shelf** 218-692-1004
34212 CR 3, Crosslake, MN
2nd & 3rd Wednesday 9am-Noon
- **Emily Food Shelf** 218-763-3097
20948 Co. Rd. 1, Emily, MN
1st Wednesday- Produce & Bakery
3rd Wednesday 9:30-11am
& the following Thursday 5:30-6:30pm
- **Garrison Area Care Givers** 320-692-5399
9541 Madison St., Garrison, MN
Tuesday & Thursday 1-5pm
- **Lakes Area Food Shelf** 218-568-8474
29282 State Hwy 371, Pequot Lakes
Tuesday & Thursday 9am-Noon
- **Ruby's Pantry** 651-674-0202
1115 Wright Street (Brainerd Armory)
2nd Tuesday. Doors open at 10:30am,
Distribution from 11am-12:30pm
\$20 donation per share
- **Salvation Army Food Shelf** 218-829-1120
208 South 5th St., Brainerd
Tuesday-Friday 1-3:30pm
- **Brainerd 1st Baptist Church** 218-829-5767
7398 Fairview Rd., Baxter
Call for Appt. or walk-in M-F 8am-4pm
- **Central Lakes College** 218-855-8260
501 West College Dr., Brainerd
Open during school hours

PUBLIC FOOD ASSISTANCE PROGRAMS

What benefits are available?

- **Food Support (SNAP)** 218-824-1250
Supplemental Nutrition Assistance Program
Crow Wing County Community Services
204 Laurel Street, Brainerd
- **WIC** 218-824-1073
Women, Infants, and Children
Vouchers for nutritious food & baby formula
204 Laurel Street, Suite 12, Brainerd
- **NAPS** 218-326-4420 x22
Nutrition Assistance Program for Seniors
Free monthly supplemental food package

Are you eligible for public support benefits?

- **Bridge to Benefits** helps improve the well-being of families and individuals by linking them to public support programs and tax credits.

Visit: www.bridgetobenefits.org for the Eligibility Screening Tool.
- **Second Harvest North Central** 218-326-4420
Second Harvest will provide help in filling out public assistance forms.
- **The Minnesota Food HelpLine** 888-711-1151
With one call, they assess your situation and provide solutions to your family's food needs. When you call the HelpLine you will can also learn if you qualify for SNAP benefits.

FAMILY FOOD ASSISTANCE PROGRAMS

- **Sharing Bread Soup Kitchen** 218-829-4203
923 Oak Street, Brainerd
Dinner served:
Monday-Saturday 5-6:30pm
Sunday 12:30-2pm



- **Kids Pack Backpack Program** 218-326-4420
Provides a package of food once a month to help kids get by. Each pack contains 8-12 "kid friendly" food items that can be consumed with little or no preparation. Distribution sites:
 - Cuyuna Range Elementary
 - Garfield Elementary
 - Harrison Elementary
 - Riverside Elementary
- **Operation Sandwich** 218-829-2619
Provides kids with a simple bag lunch
Monday - Thursday during summer school break.