

Crow Wing *energized*

Mission: A grassroots movement to improve health and wellness in our community making the healthy choice the easy choice.

June 15, 2020 – We held our Crow Wing Energized team meeting on Friday at St. Mathias Park in Fort Ripley. It was wonderful to get outside and enjoy the sunshine. (L to R) Karen, Al, Kara, Kalsey, & Millie)

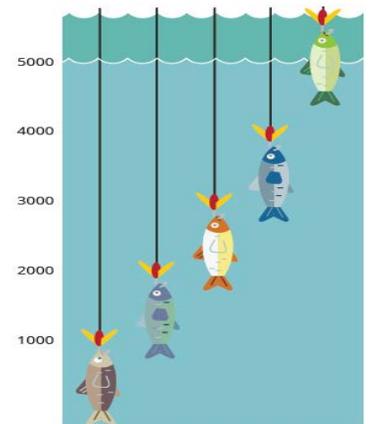


Update on Fishing for Masks Campaign:

We reached our first limit of masks – 5,000 – last Friday. The Centers for Disease Control and Prevention recommends wearing a mask in public settings as well as maintaining the six foot social distance guideline to slow the spread of the virus. Let's do our part and wear a mask to ensure community health.



5,445 donated as of
June 12, 2020
(exceeding the goal of 5000)!





Our next POP up produce will be held on Monday, June 22 at Central Lakes College from 11:00 am until the food is gone. Please share this information with your contacts!



At Essentia Health, our mission states: ***We are called to make a healthy difference in people's lives.*** We are guided by the following **values**: Quality, Hospitality, Respect, Joy, Justice, Stewardship, and Teamwork. Our CEO at Essentia Health, David Herman, MD, reflected that two values in particular – respect and justice – resonated deeply with the tragic death of George Floyd. He shared: “At Essentia, we have a commitment to our communities to focus on health inequities and the other social determinants that play such a significant part in the quality of life and well-being for all.” You are all part of our community health movement called Crow Wing Energized where we work on these issues in our community.

During this time of difficult time, we need community more than ever. Be kind to each other. Get outside and enjoy the great outdoors.

Respectfully,

Karen M Johnson

Program Director
Crow Wing Energized