

Crow Wing Energized 2021 Workplace Wellness Grant Application

- Your application will be reviewed by the Crow Wing Energized Grant Review Committee.
- **Deadline: March 1, 2021**
- Questions: Contact Kalsey Stults at kalsey.stults@essentiahealth.org

Grantee Information	
Organization:	
Mailing Address:	
Wellness Champion Point Person:	
Accountable wellness committee or team members and their e-mail address:	
Phone Number:	
E-mail Address:	
Amount requested (up to \$500.00)	
Please provide a description of your intended wellness strategy?	
Specific goal or goals associated with strategy? (Be specific in measurements)	

Please send completed application to Kalsey.Stults@essentiahealth.org

<p>Please explain the Policy System and/or Environmental change with this strategy?</p>	
<p>Please list any community partners or stakeholders involved, and \$ amount of in-kind donations of time/finances for the sustained project – how much is your company investing in the project?</p>	

I/We will work with Kalsey Stults from Crow Wing Energized to complete the CDC Scorecard to learn about our needs and to help promote health and wellness within our workplace and our community.

I/We will receive up to \$500 funding for completing the CDC Scorecard, identifying at least one “Wellness Strategy” to implement. I understand that I may be asked to attend a Workplace Wellness goal group meeting to share my grant.

Signature (Electronic Signature is acceptable): _____ **DATE:** _____

Print Name (Point Person): _____

Title: _____

The following are members of our wellness team in which should be part of all communications for these efforts!

Name/title _____

Name/title _____

Name/title _____

Signature:  **DATE:** _____

**Kalsey Stults
Crow Wing Energized**

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CDC Scorecard

The ScoreCard consists of 16 topic areas related to the leading health conditions driving health care and productivity costs. The ScoreCard includes 125 yes/no questions based on many key evidence-based and best-practice strategies and interventions that are part of a comprehensive worksite health approach specific to the topic areas. It takes 30-60 minutes to complete and can only be taken once per year. Before employers get started, they will need the following information:

- Names of 1-2 people within the organization to be the account administrator(s)
Add Kalsey Stults so that she can be notified of your results (Kalsey.Stults@essentiahealth.org)
- Employee demographics
- Current support for workplace health promotion in the workplace
- Health programs currently offered to employees

Creating your CDC Scorecard Account

<p>Log on to http://www.cdc.gov/healthscorecard</p>	<ul style="list-style-type: none">• Select the “Worksite Health ScoreCard” link in the black box• Select the “New User” button• Select the “Get Started” button• Select “No I do not have an employer ID” button and press “continue”
<p>Answer “Yes” to register a new employer</p> <p><i>When listing your employer name add SHIP at the end. For example, “ABC Company SHIP”</i></p>	<ul style="list-style-type: none">• Complete the employer profile• Add an employer administrator(s) from your workplace• Add Kalsey as an account administrator• After you register select the “Register Employer” button. A pop up window will confirm the account has been set up. The account log in will be displayed on this window and an auto generated e-mail will be sent to the account administrators with your log in credentials.
<p>Add your worksite</p>	<ul style="list-style-type: none">• Select the “Register a New Worksite” button to add your worksite to your account from the employer dashboard (You must do this step before you are able to fill out the scorecard). Repeat to add additional worksites.

CDC Scorecard Results

Once a ScoreCard has been submitted the results are immediately available for viewing. The employer administrator can access the results from the both the employer and worksite dashboards. The team member can only view the results from the worksite dashboard.

There are four reports:

1. Summary benchmark report: Shows the ScoreCard results by topic.
2. Detailed benchmark report: Allows the employer to view their answers to the topic questions and total points.
3. Interventions in place report: Allows the worksite to see how many of the interventions are currently in place.
4. Scores for Employer (ONLY for employer accounts with multiple worksites): Allows the employer administrator to view side-by-side comparisons of the worksites within the organization.

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