

CRISIS SERVICES

Available 24-hours (*unless noted), free, and confidential

Bridges of Hope	218-825-7682 *Monday - Friday, 8:30 am - 4:30 pm
Crisis Line & Referral Service	218-828-4357 or 800-462-5525
.....	218-828-HELP
**CRISIS	Call CRISIS (274747) from cell phone
Crisis Text Line.....	Text "HOME" to 741741
Crow Wing County Crisis Nursery.....	218-824-1140 *Monday - Friday, 8:00 am - 5:00 pm
Minnesota 1st Call for Help	211 or 218-326-8565
Minnesota Farm & Rural Helpline	833-600-2670
National Suicide Prevention Lifeline.....	800-273-8255
Poison Control Center	800-222-1222
The Trevor Project (LGBTQ Crisis & Suicide Hotline) ...	866-488-7386
Veteran's Crisis Line	800-273-8255 - press 1
YouthLine	877-968-8491 or text teen2teen to 839863

WARMLINE

Speak with peers who are there to listen and support adults experiencing emotional distress.

844-739-6369 - *5:00 pm to 7:00 am



www.CrowWingEnergized.org



Essentia Health

