



Our trained caregiver consultants can provide you with the resources to problemsolve, find current information, and develop the skills and emotional support needed to care for your loved one living with dementia. They can help you develop strategies for you to both provide good care and protect your own health. Appointments are required. Contact one of our care consultants today!

### Sauk Centre

1st Tuesday monthly To schedule contact Cristina, (320) 640-6724

#### **Brainerd**

2nd Tuesday monthly To schedule, contact Cristina, (320) 640-6724

## St. Cloud

Monday-Thursday To schedule contact Kristina, (320) 640-6728

### **Becker**

Wednesdays
To schedule contact Tami, (320) 640-6695









# Provided in Partnership With:

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