

Dementia Caregiver Support Group

Presented by the Alzheimer's Association
Minnesota-North Dakota Chapter
in partnership with
Cuyuna Regional Medical Center



Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

MONTHLY MEETING

4th Tuesday of the month at 1 p.m.

Cuyuna Regional Medical Center Super One Clinic Conference Room
22418 MN-6, Crosby (use northwest entrance)

To learn more please contact CRMC social workers at 218.546.2357.

Visit alz.org/mnnd to learn more about caregiver programs and resources. To further extend your network of support, visit ALZConnected®, our online community, at alzconnected.org.



Minnesota - North Dakota Chapter



alz.org/mnnd 24/7 Helpline 1.800.272.3900